



## *Expertise. Compassion. Results*

### **Terms of Service for Best Life Physical Therapy and Sports Medicine**

Effective December 2, 2024

By opting in to receive SMS messages from Best Life Physical Therapy, you agree to the following terms:

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#### **1. SMS Messaging Service**

By providing my phone number, I consent to receive SMS text messages from [location name] for appointment reminders, marketing messages, and general two-way communication. Msg frequency varies. Msg&data rates may apply. Reply HELP for support. Reply STOP to opt out.

#### **2. Message Frequency**

You will receive [state expected frequency, e.g., up to 4 messages per month].

#### **3. Message and Data Rates**

Message and data rates may apply based on your mobile carrier's terms.

#### **4. Privacy Policy**

Your information will be handled in accordance with our Privacy Policy, which can be viewed at [Insert Privacy Policy Link].

## **5. Opt-Out Instructions**

You can opt out at any time by replying “STOP” to any SMS message. Reply HELP for support. You may also contact us directly at 757-961-5888.

## **6. Liability**

We are not responsible for any charges, errors, or delays in SMS delivery caused by your carrier or third-party service providers.

By opting in, you confirm that you are the owner or authorized user of the phone number provided and that you are at least 18 years old.

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For any questions or concerns regarding these Terms, please contact us at: 757-961-5888